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NEWS WORTH SHARING.

SEEKING THE UNFAMILIAR

YOUNG GALAXY WENT ALL THE WAY TO SWEDEN TO PUSH THE LIMITS OF THEIR DREAMY INDIE-POP SOUND PAGE 11

TRAGEDY ON THE TRACKS

A bus passenger carries a child following a collision between a VIA Rail train and a city bus in Ottawa's west end Wednesday that left six people dead and more than 30 others injured. Story, page 7.

ADRIAN WYLD/THE CANADIAN PRESS

Simon stoked for Lions matchup

West Division rivals. Riders slotback prepares to face his former team while chasing all-time receptions record

MARCO VIGLIOTTI
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He'll reach for the all-time record against the team that helped him get this far.

For the first time in more than a decade, future Hall of Fame slotback Geroy Simon will line up on the opposing side of the field from the B.C. Lions when they face the Saskatchewan Roughriders on Sunday at Mosaic Stadium.

Going into the game, Simon is only six catches away from capturing the Canadian Football League's all-time receptions record held by former Montreal Alouettes great Ben Cahoon.

"Honestly, I thought I would have broken the record a lot earlier, (though) I never really worried about it. I knew the time would come eventually," Simon told reporters on Wednesday.

"I haven't really been thinking about that much. Obviously, I get questioned about it every day."

He added, though, that he's excited to take the field against the Lions.

"I get to see some guys who I haven't seen in a long time. But as clichéd as it sounds, I have to treat this as any other game once the game gets going," he said.

Familiar faces

"I'll be excited and ready for this game, just because I'm playing against guys who I practised against for the last 10, 12 years." Riders slotback Geroy Simon

The former face of the Lions franchise, the 38-year-old Simon was traded from B.C. to the Roughriders this past off-season — despite a storied career that has placed the University of Maryland product among the CFL's greatest all-time offensive talents.

"It's everything that I expected and more," Simon added of his move to Saskatchewan.

"It's worked out very well for me and my family. I couldn't have asked for a better situation."

Following his 12 years in hockey-mad Vancouver, Simon said he relishes the opportunity to play in a province "where football is king." And he praises Riders fans for their friendliness and restraint.

"Every person I've met here is a Rider fan, and they know everything about the Riders," he said. "People know you here, but it's not like they're rushing (at you) every day. People give you your space.

"This is one of the warmest places I've ever been — it's been an amazing experience."

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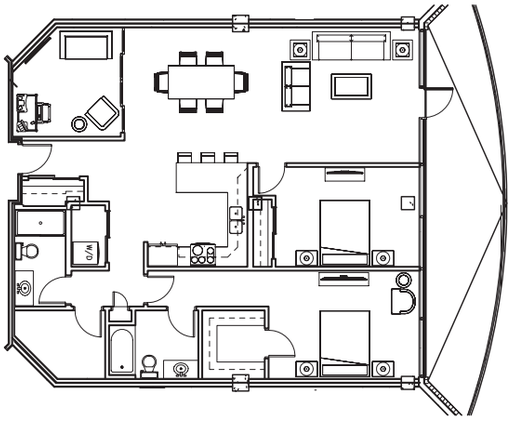

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Referendum on wastewater plant 'too close to call': Poll

Online survey of 400 people. Firm found citizens divided ahead of Sept. 25 vote on how to finance and operate Regina's plant

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Regina's lively wastewater treatment referendum campaign has become a dead heat.

Less than a week before the public goes to the polls to decide the Queen City's wastewater plant financing and operation model, a polling firm says the vote result is going down to the wire.

"I hate the phrase, 'It's too close to call.' But it's one to watch. It really could go either way," Lang McGilp, senior research executive at Saskatoon-based Insightrix Research Inc., said on Wednesday of the company's survey of Regina residents last week.

"It is kind of close. The message to take from this is that if you have a strong feeling on this, get out and vote."

The online survey of 400 people from Sept. 11 to 15 found 40 per cent of respondents in support of city hall's proposal to use a public-private partnership to construct and operate the more than $220-million plant.

Thirty per cent were in favour of the traditional "design, bid and build" approach pushed by Regina Water Watch, which opposes what it calls a "privatization" of water or sewer services.

However, 27 per cent weren't sure while three per cent were what Insightrix calls "indifferent" on the matter, only days before two debates this week between Mayor Michael Fougere and Water Watch spokesman Jim Holmes.

Jim Holmes of Regina Water Watch, left, and Mayor Michael Fougere debate at the University of Regina. For coverage of Wednesday night's debate, visit www.metronews.ca. ROSS ROMANIUK/METRO

"If those undecided people come out and vote, it could impact the way things shake out," said McGilp, who sees the city with only a "slight edge" before the Sept. 25 referendum.

"It's less common in Saskatchewan for a privatized or alternate approach to being under the public domain," he added, though he noted that "there will be some individuals who trust the judgment of elected officials at the municipal level to make decisions best for them as citizens."

Ottawa bus, train crash leads to safety worries

A railway crossing on Dewdney Avenue in the Warehouse District of Regina. MARCO VIGLIOTTI/METRO

Joining a growing chorus of civic leaders after a tragedy on Wednesday in Ottawa, Mayor Michael Fougere is urging Transport Canada and railway lines to improve communication with municipal officials about trains that run through their cities.

"Transport Canada and the rail lines do not talk to municipalities, and I know our officials would want a more routine, comprehensive discussion with them," Fougere told Metro, hours after an OC Transpo bus collided with a Via Rail passenger train in Ottawa, killing at least six people and injuring approximately another 30.

Early reports suggest the bus driver failed to stop at a rail crossing, despite pleas from passengers.

The tragedy follows a perilous summer on Canadian rail lines. A fiery train derailment in Lac Mégantic, Que., killed 42 people, and another derailment in Calgary nearly spilled a flammable petroleum substance into the Bow River.

Fougere is echoing the concerns of other municipal leaders such as Calgary Mayor Naheed Nenshi.

Most rail lines in Canada fall under the purview of the federal Transport Department, though the provincial governments regulate some short-line tracks.

Fougere stressed that municipalities deserve more information on the trains in their jurisdictions, as they are usually the first responders to these kinds of disasters.

"We want that relationship to be built up and to be regular," he said. "So we can have these discussions to know what we need to do to make our cities more safe."

Following the Lac Mégantic derailment, Fougere added that municipalities across the country are considering options to improve safety in the event of another disaster. A spokesperson for Transport Canada said the department was unable to comment on Wednesday. MARCO VIGLIOTTI/METRO

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New policy

Police Facebook page back online after hiatus

The Regina Police Service has reactivated its Facebook page after close to six months of reworking its policy for the social media website.

The page went live on Wednesday with new terms of service and a specialized management tool that allows the force to moderate on the site without a full-time staffer.

"We have given it study; we have made adjustments and now it is time to restore what was a valuable way of engaging the Regina community," Chief Troy Hagen said in a prepared statement.

The page was taken down on March 25 after unruly and threatening comments toward police bombarded the page following an incident in which a Regina officer shot and killed a pet pit bull in a home's yard.

City police did not have a moderation system or someone to maintain the site on a 24-hour basis. They say they have since made it "clear to visitors to the page that uncivil behaviour and language will not be tolerated."

Regina Police Association president Evan Bray said he had feared for the members' safety last spring due to comments such as, "The only good police officer is a dead police officer."

Bray is pleased with the force's changes to the page.

"They are going to filter out a lot of the comments," he said.

"This is going to be good for the service and good for the community, and still provide a level of protection for our group."

ALYSSA MCDONALD/METRO

The Regina police Facebook page went live again on Wednesday after the force took it down last spring. ALYSSA MCDONALD/METRO

New Ten Tree Apparel campaign wants your help with 10th motto

Green philosophy. Regina-based company aims to inspire living 'wild and free'

ALYSSA MCDONALD
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A Regina business wants to encourage an active lifestyle while protecting the great outdoors.

Ten Tree Apparel, whose socially-minded business plants 10 trees for every item sold, has teamed with 10 top athletes from across North America to promote its earth-friendly movement and a philosophy of living "wild and free".

"We just want to create a movement ... to get people outdoors and protect the world they play in," said David Luba, one of the founding partners of Ten Tree.

"We want to create a future for kids where they become more aware of conservation and more aware of environmental efforts," added Kalen Emsley, another founding partner.

"This is just a really cool way of doing it."

Partnering with the Canadian Wildlife Federation, Ten Tree interviewed a range of athletes — including Regina native Jordan Eberle of the Edmonton Oilers, Sean Weatherspoon of the NFL's Atlanta Falcons and Hawaii surfer Vanina Walsh — about what inspires them and what they love about nature.

Emsley and Luba travelled to more than 13 locations — from Hawaii to Banff, Alta., to Texas — to produce a short video on each of the athletes.

The pair also came up with nine mottos, and are hoping people across North America come up with a 10th using #Inspire10 on Twitter and uploading it to the Inspire website.

The pair, both 24 and raised in Regina, started the business in January 2012 and were given a boost by appearing on CBC's Dragons' Den television program in the fall of last year.

All 10 videos went online on Wednesday before Ten Tree held a launch party at The Owl that night.

Ten Tree partners Lucas Howlett, left, Derrick Emsley, and Kalen Emsley are seen in Halifax, N.S., right before a hang gliding shoot for the Inspire campaign. COURTESY PLAY CREATIVE MEDIA/MIKE MAEKELBURGER

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Source: David Plett, Globe & Mail

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$4.2M a 'realistic' goal for fundraiser: United Way

The Regina United Way is aiming to raise $4.2 million for local charities as part of its annual Circle of Care campaign, which officially kicked off Wednesday at Evraz Place.

"I certainly do think it's a realistic goal. It represents the need that's in our community today," Michael Beal, the 2013 Circle of Care campaign chairman, told media on Wednesday.

"Regina has proved over and over (through the United Way campaigns) that we are willing and able to give."

As part of the fundraising drive, United Way ambassadors will reach out to several workplaces across the city for donations as they try to build upon last year's campaign, which fell about $200,000 short of its quest for $4.2 million.

The group's annual goal is partially determined through consultations with charitable partners, Beal said, as well as by observing the demand for certain services in the city.

The money raised through the campaign will be directed toward 31 groups and support more than 250 programs, which in turn will assist about 100,000 people in the greater Regina area.

Most of that money, Beal said, will go into assistance for "children in need, people escaping abusive relationships, newcomers to Canada and people that need a warm place to stay." MARCO VIGLIOTTI/METRO

Michael Beal METRO

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Blake Loates, an Edmonton photographer whose sister is developmentally disabled, was shocked to see the words, "you retard" stamped on the underside of a Vitamin Water bottle cap. LUCY HAINES/FOR METRO IN EDMONTON

Coca-Cola apologizes for 'you retard' cap

'Shocked'. Edmonton woman, whose sister is developmentally disabled, discovers 'R-word' on bottle of Vitamin Water

Coca-Cola apologized Wednesday to the family of an Alberta woman who was shocked to unscrew a bottle of the company's Vitamin Water and find the words "you retard" printed inside the cap.

Edmonton-based photographer Blake Loates said she and her husband discovered the cap while out for dinner on Tuesday night.

"We were both pretty shocked," she said.

What makes the situation even more upsetting to Loates is that her younger sister Fiona is living with cerebral palsy and autism, and Loates was taught that the "R-word" is completely unacceptable.

"The R-word is just something we don't say in my family," said Loates. "My dad is quite upset and is on a rampage."

Her father, Doug Loates, who lives in Tacoma, Wash. with twin 11-year-old daughters Fiona and Maddi, stayed up all night writing letters to Coca-Cola, looking for an explanation for the offensive cap.

"I am astonished that a major corporation could allow someone to tarnish their brand," he said. "Not everyone in Canada speaks French — like my daughter Blake."

The caps are part of a promotion run by the company, displaying a random English word followed by a random French word. "Retard" in French means lateness or delay.

Since the issue was brought to Coca-Cola, the company has been in touch with the Loates family to offer an apology.

"We did not mean to offend at all," said Shannon Denny, director of brand communications for Coca-Cola Refreshment Canada. "We are certainly very apologetic for this oversight."

While Denny said the words were reviewed before going out to store shelves, they were reviewed in their French context, not in both French and English.

"When you look at the same word in English, it takes an offensive connotation," Denny said.

The process of matching the English and French words is supposed to be completely random, according to Denny, and the chances of those two words being paired together was slim.

David Thomson, vice-president of still beverages for Coca-Cola, said the remaining caps in their facilities have now been destroyed.

Quoted

"The R-word is just something we don't say in my family. My dad is quite upset and is on a rampage."

Blake Loates, an Edmonton photographer, who discovered the words "you retard" under the cap of a bottle of Vitamin Water.

"We have learned from this and it was a mistake," he said. "At no point in time did we intend on offending anyone by any stretch, and we have cancelled and moved on and have dealt with this as soon as possible."

Thomson said he will be drafting a formal apology letter to the Loates family that will also detail the course of action they will take to correct the situation. CANDICE WARD/FOR METRO IN EDMONTON

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Rehtaeh Parsons dating ad pulled from Facebook

A woman holds a photo as hundreds attend a community vigil to remember Rehtaeh Parsons in Halifax in April. Facebook apologized Tuesday for featuring an ad for a dating website that used a picture of Parsons, the 17-year-old Nova Scotia girl who died after attempting suicide. ANDREW VAUGHAN/THE CANADIAN PRESS

The use of photos of Rehtaeh Parsons in online dating ads posted on Facebook is upsetting but ultimately an inevitable reality of social media, an expert in Internet and privacy law said Wednesday.

Prof. Robert Currie of Dalhousie University in Halifax said companies are increasingly using automated programs that rip photos from websites, and it was only a matter of time before the now-ubiquitous image of the 17-year-old girl wound up somewhere it shouldn't have.

"This is how technology works and it's another example of how little control anyone has over any image once it gets out into the Internet sphere," said Currie.

"It really seems to me to be an unfortunate accident that is causing a lot of grief and heartbreak to the Parsons family and others who loved this girl and who were disturbed by this case. But it's just the kind of thing that is going to happen."

The ads for ionechat.com featured pictures of Parsons under the heading, "Find Love in Canada! Meet Canadian girls and women for friendship, dating or relationships."

Parsons hanged herself in April and was taken off life support days later. Her family says her death was brought on by months of bullying following an alleged sexual assault.

The administrator of ionechat.com, Anh Dung, said the photos used in the ads were a mistake and taken randomly from Google by a so-called image scraper.

"I'm a foreigner, so I didn't even know her name and the story ... so I didn't know it was the victim's photo," Dung wrote in an email.

"I feel so guilty, I sincerely apologize," he continued. "I'm so stressed right now."

Facebook apologized for the ads, saying they were a "gross violation" of the company's policies and have been removed. It also said ionechat.com has been banned from advertising on its website.

THE CANADIAN PRESS

A VIA Rail train and a city bus collided in Ottawa's west end on Wednesday. A police spokesman said officers responded to the call at 8:48 a.m. TERRY PEDWELL/THE CANADIAN PRESS

Passengers watch in horror as bus barrels into train

Ottawa. Impact kills driver, five passengers as witnesses look on in pure disbelief

Passengers aboard a double-decker bus screamed "Stop! Stop!" as the driver plowed through a flashing level crossing and into a passing VIA Rail train Wednesday morning, killing at least six people and injuring many more.

The horrific collision sheared off the front of the bus and knocked the VIA locomotive and one of four passenger cars off the tracks.

Police confirmed six dead, while several area hospitals were flooded by 31 patients, including 11 in critical condition.

"People started screaming, 'Stop, stop!' because they could see the train coming down the track," said student Tanner Trepaniere, who was on the upper level of the new, double-decker OC Transpo bus.

"There was a lot of screaming, but then people were actually relatively calm, considering the situation," Trepaniere said of the aftermath.

"He must have lost his brakes," said Pascal Lolgis, who saw the bus go through the barrier. "Or he had an ... attack or whatever.... He just didn't stop."

"I was just looking around, just watching things happen," said another witness, Mark Cogan, who agreed the barrier was down.

"I just thought maybe there's a side way around or something, but instantly ... he went through the guard rail and just hammered the train and then it was just mayhem."

Ottawa police spokesman Marc Soucy said officers responded at 8:48 a.m. Rescue crews swarmed over the mangled wreckage as ambulances, fire trucks and police vehicles flooded the scene.

The injured passengers who could walk were taken to a second bus on the opposite side of the tracks to be treated.

The accident occurred just outside a suburban Via station in the west end. The train tracks in the area cross both a major city street and a transit line reserved for buses only.

At a press conference, Mayor Jim Watson summed up the shock of the crash and its effect on the community.

"The sorrow that we all feel is deep and I'm sure shared by all residents of Ottawa, and in fact all of Canada," he said.

JOE LOFARO, GRAHAM LANKTREE, SEAN MCKIBBON, STEVE COLLINS/METRO IN OTTAWA, WITH FILES FROM THE CANADIAN PRESS

Unforeseen disaster

"We've lost six of our neighbours, people who started off this ... sunny day as we all did, heading from their homes and loved ones to go about their daily lives."

Ottawa Mayor Jim Watson, in a Wednesday afternoon press conference

A woman holds her head while sitting on a bus brought in for people who were involved in the collision. ADRIAN WYLD/THE CANADIAN PRESS

Sixth victim

Bus driver a 'very nice guy'

As family and friends mourn the death of five passengers, a Gloucester family is grieving the sixth victim: bus driver Dave Woodard.

People who know the family said the driver's relatives were traumatized by the news.

Reached by phone, a neighbour expressed disbelief that Woodard was behind the wheel.

"He was a very nice guy," said the woman, who didn't want her name published.

"I was just speaking with him yesterday and it just blew me away when I heard he was the driver."

Woodard had 10 years of experience as an OC Transpo bus driver.

"He was a great neighbour," she said.

"Very personable, would talk to anybody. I'm sure he would give you the shirt off his back if he could."

JOE LOFARO/METRO IN OTTAWA

Investigation

Piecing the facts together

Transit officials gathered evidence and began to piece together what led to the collision Wednesday.

Glen Pilon, lead investigator for the Transportation Safety Board of Canada, said recording equipment could detail the speed the vehicles were travelling, whether they braked before impact and whether they were working properly to determine what caused the crash.

Passenger Gregory Mech was on the second level of the bus and described the impact that killed driver Dave Woodard and five passengers.

"My personal assessment was that he did not brake. Others said he broke a second before impact," he said.

"We were all thrown forward," he said, "but as the train was going through the crossing it was still moving forward.... We had a left-right shake."

Mech added that an 80- to 90-degree turn in the road before the rail crossing may have been a contributing factor.

"You don't see the crossing until you complete the curve," he said.

GRAHAM LANKTREE/METRO IN OTTAWA

Make our senses sizzle

The seventh global Metro photo contest is calling on photographers to stimulate our judges' senses. This year's theme is the five senses, plus one. Photographers are invited to submit photos that illustrate each category — sight, sound, hearing, touch, taste and the sixth sense. A winner in each category will be chosen from participating countries with a global winner chosen from those photos. Among those top six photos, a grand prize winner will receive a six-day trip to Ghana with Reach for Change. Local winners, plus an overall winner for Canada, will be announced in the newspaper.

Submit photos at metrophotochallenge.com before Oct. 13, 2013

Sight: Jeanne Beker

Canadian fashion icon Jeanne Beker says her background as a mime artist taught her a picture is worth a thousand words. A photo that portrays spontaneity, elegance, drama, sensuality and charm will impress her. "I adore a photograph that tells or suggests an intriguing story," she said. "I especially love portraits."

Smell: Barb Stegemann

"I think I will find scent in a photo by going with my gut reaction," says businesswoman Barb Stegemann. "I will then close my eyes and think a bit and come back to it. That is my process with most things." She is the CEO of 7 Virtues, a perfume company that sources essential oils from legal crops in Afghanistan to provide farmers an alternative to illegal poppy crops.

Taste: John Jackson and Connie DeSousa

Co-owners and co-executive chefs of Calgary's CHARCUT Roast House, John Jackson and Connie DeSousa know what kind of photo makes you salivate. "If it's a roast chicken the skin needs to be golden brown and crisp to the eye with a warm steam lifting from it and drips of juice dripping down the side," said Jackson.

Touch: Maria Franke

Maria Franke, curator of mammals for the Toronto Zoo, is one of the few people who have touched a panda. And she knows that in the animal kingdom, things don't always feel like they look. "(Panda) hair is actually quite coarse," she said. Franke will use that experience to judge how well the sense of touch is conveyed in the photos.

Hearing: Nonna Aroutiounian

Clarinettist Nonna Aroutiounian understands how music can evoke colour and texture in your mind. So, she's hoping the photos she judges will transcend the literal representations of sound — a photo of clarinet or French horn, for example — and make her hear something wonderful.

The sixth sense: Douglas Coupland

Author and artist Douglas Coupland believes in the "sixth sense," and he'll recognize it in a photo. "There is obviously something out there. I don't know how or why it works, but we've all felt it and we all know it's real. That's the sixth sense," he said. He doesn't want a photo that just documents its subject, which, he said, would be merely "Instagram fodder."

Online privacy

LinkedIn asks to disclose FISA data

LinkedIn has asked a secret court to allow it to disclose the number of U.S. national security orders the company has received under the Foreign Intelligence Surveillance Act. On Wednesday, LinkedIn joined four other companies — Google, Microsoft, Yahoo and Facebook — that have similar cases pending before the FISA Court.

THE ASSOCIATED PRESS

Tax evasion

Beanie Babies creator charged

The creator of Beanie Babies stuffed animals was charged Wednesday with federal tax evasion for failing to report income earned in a secret offshore bank account, and he has agreed to pay a more than $53 million penalty. As prosecutors in Chicago announced the charge against H. Ty Warner, his lawyer issued a statement saying the billionaire would plead guilty and pay the massive penalty. THE ASSOCIATED PRESS

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Low-key launch. BlackBerry's new phone has 5-inch screen

BlackBerry, amid minimal fanfare, unveiled another new smartphone on Wednesday, this time with a bigger screen that appears designed to attract users who want a midpoint device between a phone and tablet.

But the launch was largely overshadowed by the latest developments at its competitors and reports that the company is planning to deliver another round of major layoffs.

It's the latest setback for the company, which has been trying to regain ground in the technology market even as consumers seem to be increasingly losing interest in the brand.

The new BlackBerry Z30 comes with a five-inch screen, improved battery life and a faster processor than the models released earlier this year, and is about the same size as its competitor, the Samsung Galaxy S4.

BlackBerry took a relatively low-key approach to promote the new device on Wednesday.

The phone was announced at an event in Malaysia that even chief executive officer Thorsten Heins didn't attend. MKM Partners analyst Mike Genovese said Malaysia is one of the few markets where BlackBerry has seen growth in recent years, and he expects that local consumers will value the larger screen more than in North America or Europe where alternatives are aplenty. "It actually points out how limited this launch really is," Genovese said. THE CANADIAN PRESS

The BlackBerry Z30 has a five-inch display, which means it's about the same size as its competitor, the Samsung Galaxy S4. COURTESY BLACKBERRY

Major layoffs ahead?

- BlackBerry could lay off as many as 5,000 employees in the coming months in an effort to return the smartphone maker to profitability, according to a media report.
- The Wall Street Journal says executives are preparing to reduce the company's staff by as much as 40 per cent before the end of the year, citing people familiar with the matter.

There she blows! App aims to help ship traffic avoid whales

U.S. federal officials trying to reduce the number of whales that are struck and killed by ships sailing in and out of San Francisco Bay are testing a new smartphone application that could help locate the creatures more accurately.

The Whale Spotter app would allow sailors, fishermen and marine scientists who spot whales to plot their location on an interactive map. The maps created could then be used by National Oceanic and Atmospheric Administration and U.S. Coast Guard officials to recommend different vessel routes.

It's a crowd-sourcing approach to an old problem. John Berge, vice-president of the Pacific Merchant Shipping Association, said the shipping industry supported development of the app as another tool in a new arsenal being created to reduce the strikes.

"Everybody agrees that we need to try to keep whales and ships separated physically to the greatest extent possible," Berge said. "Right now, we know where the ships are, but we don't know where the whales are." THE ASSOCIATED PRESS

A blue whale is shown near a cargo ship in the Santa Barbara Channel off the California coast. THE ASSOCIATED PRESS FILE

Market Minute

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HE SAYS

John Mazerolle
metronews.ca

Hockey's off-season is over! What a terrible couple of weeks that was.

Without the lifeblood of hockey coursing through my veins, I was forced to have awkward conversations with friends about topics I'm not actually interested in, such as their friendship. But now that the Zamboni has had time to flood the ice not once but twice and the Chicago Blackhawks victory parade has almost wrapped up, we can drop the puck again.

The new season has many storylines that will unfold on TV screens just over my first dates' shoulders this winter, so here's a look at my predictions for the 2013-14 NHL season:

Boston Bruins forward Patrice Bergeron, who fought last playoffs through a separated shoulder, broken rib, torn rib cartilage, and a face that looked like it had been mulched, all in a losing cause, will produce a series of "For The Love Of The Game" youth recruitment videos, causing Canadian enrolment to plummet.

The Phoenix Coyotes will celebrate their 1,000th customer.

Florida Panthers goalie and Tea Partier Tim Thomas will once again find himself in hot water politically, when a 1983 photo surfaces showing him shaking hands with Cuban communist revolutionary Fidel Castro.

The New York Islanders, hit by years of budget constraints, will send pink slips to all their left-handed shots. Management will promise to do "more with less."

Vancouver Canucks coach John Tortorella will show a new, softer side by letting reporters finish their questions before politely explaining that their questions are stupid and they should consider another line of work, like base jumping.

This year's outdoor games (23 in all) will remind fans of a gentler, simpler time when games were played outside at an inconvenient distance for $400 a ticket.

Newly acquired Dallas Stars forward Tyler Seguin, infamous for his partying, will run afoul of management when he's caught with an escort near the left face-off dot at the 13-minute mark of the third period.

In a hilarious gaffe that will be replayed on all of the highlight shows, a Raleigh man will accidentally pay full price for a Carolina Hurricanes ticket.

Pittsburgh Penguins superstar Sidney Crosby will transform from a whiny diver who thinks nothing of cheating and makes fans sick, to a feisty acrobat who will do anything to win and makes Canadians' hearts swell with pride, from Feb. 7 to 23 inclusive. Fans will have no explanation for the change.

The amount of hits to the head will be reduced thanks to a league-wide focus on each team's biggest players punishing transgressors by hitting them multiple times in the head.

Longtime Ottawa Senators forward Daniel Alfredsson will reveal in his first visit to the nation's capital as a member of the Detroit Red Wings, that HE WAS A SENATOR ALL ALONG, hitting Red Wings coach Mike Babcock with a folded-up metal chair before side-suplexing the entire Red Wings roster, then tearing his Red Wings sweater off to reveal the Sens logo beneath, with his face under the helmet.

The NHL Network's new Gary Bettman Isocam will capture each thrown projectile and hurled insult at every game the commissioner attends (four in all).

The Toronto Maple Leafs will win the Stanley Cup.

ZOOM

My selfie... inside a glacier

JONATHAN TUCKER/SOLENT NEWS

Enter the azure world of a glacier

A brave photographer risked his life venturing into a cave below a glacier to capture this self-portrait, in a frozen world akin to an ice age. Jonathan Tucker trudged through swamps and up a mountain for more than two hours to reach Mendenhall Glacier near Juneau, Alaska, 1,550 metres above sea level. The glacier is a staggering 21.9 kilometres in length. METRO

Photographer's view

"The glacier is constantly melting, so you never know if the cave will collapse at any minute. It took my breath away. It was terrifying."

Jonathan Tucker, 27, landscape photographer from Whitehorse, Yukon

Ice caves

- Caves form as a glacier moves over a disorder in the ground surface and it detaches itself from the floor. The base layer reconnects with the ground layer, forming striations, thin parallel lines made up of sediment, which refreezes to the base of the glacier.
- Eisriesenwelt, in Austria, is 42 km long — the longest ice cave in the world.

Claustrophobia? Not a problem

Locals had warned Tucker that the water inside the cave was so cold he would have survived for just 10 minutes if he fell in. The landscape photographer said: "I felt very claustrophobic at the beginning but it started to pass as I was taking photos. However, I then heard a crack or movement of the glacier above me, which sounded like I was in the clouds in a thunderstorm." METRO

Clickbait

HANNAH ZITNER
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From mapping the mysteries of the mind to discovering the science of sex, there's no shortage of podcasts promoting science for the non-scientists. So rejoice, just because you don't have a PhD in molecular physics, doesn't mean you can't marvel at the mind-boggling universe. Give these three programs a listen:

Neuropod:

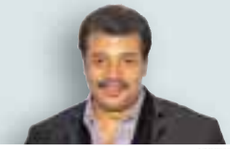
From the history of hypnosis to Alzheimer's origins, this podcast, found on nature.com, breaks down the science in our noggins. No background in neurology needed.

RadioLab:

Covering a wide-range of topics from the history of the Heimlich manoeuvre to stories about the science of speed, the well-loved podcast frequently tops the "must listen" lists.

Star Talk:

Internet famous Neil deGrasse Tyson, pictured, keeps science cool by tapping into celebs for his (nearly) weekly podcast. Despite the name, Tyson doesn't just talk space — he also explores the science of "doing it."



GETTY IMAGES

Twitter

@metropicks asked: The emoticon marks its 31st anniversary. What's the one emotion for which you wish there was an emoticon?

@FrenchmanCanada: The "I was just being polite, I don't want you to send me more pictures of your DIY project" emoticon.

@CedricRichards: That one emotion for when you feel like a 90s kid

@AnneHayward2: walking on clouds; yearning/longing; dreaming; lots of them!

@NodalesA51: The "I just caught a whiff of a weird smell and I don't want to know what it is."

@sheldoncoelho: "Thank you, Sorry and Please" because emoting it is easier than saying it. #JustSaying

@dsteele7: Straight-up unambiguous sarcasm. So many problems would be solved with a universally known/recognized sarcasm face

@Lissa3116: I think a drooling emoticon. #imweird #needitsometimes

@TravelWandering: Emoticon for 'this conversation is OVER'

Follow @metropicks and take part in our daily poll.

WE WANT TO HEAR FROM YOU:
Send us your comments: reginaletters@metronews.ca

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Swedes do it better, band says

The Young Galaxy. And by 'it' they mean embracing experimental sounds

BACKSTAGE PASS
Alyssa McDonald
alyssa.mcdonald@metronews.ca

The Young Galaxy is stopping in Regina on Thursday night as part of a cross-Canada tour. COURTESY VANESSA HEINS

The Young Galaxy might have had to go all the way to Sweden to bring out their latest experimental sound, but now they are bringing it home to Canadian fans.

Catherine McCandless, who sings and plays keyboard in the band, says although they've been sticking to their dreamy indie-pop sound, their fourth album Ultramarine really challenged the group to push their own limits.

"We wanted something unfamiliar to happen… to try something that felt a little bit scary even at times or even taboo by Canadian standards," McCandless said from their tour bus traveling from Detroit to Minneapolis on Monday.

"The Swedes are much more open to trying some interesting stuff."

Collaborating with Swedish producer Dan Lissvik, the group decided to travel across the ocean in June 2012 to focus on the album unlike their third-album Shapeshifting, where they sent Lissvik the mixes and just collaborated over Skype from Montreal.

"It was really nice for us to transplant ourselves without the habits and comforts of our previous recording sessions," said McCandless. "The experience of living this album together, sort of day and night working at this for a month, it was really intensive and rewarding."

Ultramarine, which was released in April 2013, has already been shortlisted for the prestigious Polaris Music Prize, and although they are no stranger to the nomination — two past albums have made the long list — this is the first time they made it into the top ten.

"The Polaris nomination seems like something very surprisingly validating, but it was not the goal by any stretch of the imagination," said McCandless.

The group, which was formed as a duo with vocalist Stephen Ramsay and McCandless in 2005, and has since grown to a full band, is also releasing a deluxe album of Ultramarine with remixes and unreleased songs from their latest recording session on Sept. 24.

"The songs that we picked were the most suited to hanging together ... however there is still so much energy and affection for the other tracks," said McCandless.

"We don't want not to release them so it was time that we came out."

The Young Galaxy will be taking the stage at the Exchange on Thursday with fellow Montreal-based band Human, Human, and will be mostly focusing on their Ultramarine tracks with maybe one or two remixes.

"We are always happy to see the audience dance, that may sound obvious, but you want to see people moved obviously and if you can see them trance out a little," said McCandless.

"You want to see someone lose themselves in it a little bit."

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How will the cards fall on Emmy night?

Predictions. It's a historic year in the world of TV awards, with House of Cards the first online show to nab a nomination

Emmy Awards crystal-ball gazing was so much easier in the old days, circa the last few years: ABC's Modern Family would be honoured as best comedy series and a cable show, Homeland or Mad Men or such, would win best drama.

Modern Family may earn its fourth consecutive trophy at Sunday's ceremony. But the drama picture is murkier because of Netflix's House of Cards, the first online program to be nominated for top series honours under a 2007 Emmy rule allowing digital contenders.

"We didn't believe it would take as long as six years-plus for the world to start looking to this new explosion of original content," said Rob Barnett, who moved his career from cable (MTV, VH1) to online as founder and CEO of My Damn Channel. "But it's clearly happening."

Whether House of Cards will actually claim the trophy is another matter. It took more than a decade before a cable show, HBO's Sex and the City, prevailed as a top series winner; in an impatient world, might House of Cards compress the time frame?

Or it is possible that astute Emmy voters smacked their foreheads, realized they had yet to crown AMC's Breaking Bad as TV's best drama and made amends? They should have, we say in unison. Here are some predictions for the 8 p.m. EDT ceremony on CBS hosted by Neil Patrick Harris — who, no Ouija board needed, will be reliably outstanding.

Drama series
Should win: Breaking Bad. It's at the height of its power, and Walter White knows where you live.

Will win: House of Cards. Ambitious politician trumps ambitious drug dealer in Washington-bedazzled Hollywood.

Comedy series
Should win: Louie. Life can be brutal, but also brutally funny in Louis C.K.'s hands.

Will win: Modern Family. It's comfortably amusing and academy voters like it, they really like it.

Actor, drama series
Should win: Jon Hamm, Mad Men. Don Draper finally confronts his pain and what he's done to others. Hamm's trophy is even more overdue.

Will win: Kevin Spacey, House of Cards. Take that, movies! TV is better than ever, and honouring a visiting big-screen star drives the point home.

Actress, drama series
Should win: Kerry Washington, Scandal. She offers a powerhouse performance that keeps the madcap series spinning but not out of control.

Will win: Kerry Washington, Scandal. Don't overthink what will be an unprecedented African-American victory; she simply deserves it.

Supporting actor, drama series
Should win: Bobby Cannavale, Boardwalk Empire. Of course he can bring a fresh spin to a gangster role; what can't this actor do?

Will win: Aaron Paul, Breaking Bad. His character's vulnerability is habit-forming, and he's poised for his third consecutive win.

Supporting actress, drama series
Should win: Christina Hendricks, Mad Men. When the going got tougher so did her character, and Hendricks soared.
Will win: Anna Gunn, Breaking Bad. It's the embattled Mrs. White's turn to shine.

Actor, comedy series
Should win: Don Cheadle, House of Lies. There was a reason for his upset Golden Globe victory over Alec Baldwin and other past winners.

Will win: Louis C.K., who made the sad clown irresistible.

Actress, comedy series
Should win: Laura Dern, Enlightened. If you're looking for layered humanity in any character, she's your woman.

Will win: Julia Louis-Dreyfus, Veep. She wears power and the lunacy of ambition well. Elaine who?

Supporting actor, comedy series
Should win: Ed O'Neill, Modern Family. He's the paterfamilias of modern TV dads. Show some respect.

Will win: Ed O'Neill, Modern Family. Respect will be paid.

Supporting actress, comedy series
Should win: Jane Krakowski, 30 Rock. She never let down her side as the role model for self-involved TV stars, and Emmy shouldn't let her down.

Will win: Julie Bowen, Modern Family. A two-time consecutive winner for her beleaguered mom. Voters will be charmed again.

THE ASSOCIATED PRESS

Kevin Spacey brought some big screen swag to House of Cards. CONTRIBUTED

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Will Breaking Bad take home the win for best drama series? CONTRIBUTED

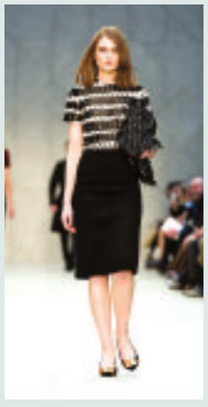
My first fashion week

Even the most jaded, poker-faced fashion industry vets started out as bright-eyed youth excited to get a standing room only ticket. We asked a few seasoned insiders to recall the moment of their first entry into fashion's hallowed runway shows.

METRO WORLD NEWS

Lara Mullen, model

"Having been scouted by my model agency Premier two weeks before the shows, I suddenly found myself en-route to New York with a set of polaroids and my auntie Wendy. Many surreal moments followed which certainly got the adrenaline pumping! From balancing in sky scraper heels at Alexander Wang (my very first show), to walking the Prada Milan exclusive to Gisele coming to my rescue at Givenchy, after the strap of my shoe broke!"



Dani Stahl, style editor-at-large at NYLON

"Whilst interning at Elle magazine I was writing my senior college paper on Betsey Johnson, so my boss took me into the show. I stood all the way in the back and desperately tried to take pictures. I could barely even see but I thought it was the greatest thing that could ever happen."

Sam McKnight, hair stylist

"The year 1985 in London was all very 'ab fab.' There was a lot of attention on all the club culture and the New Romantics. For Katharine Hamnett's first show we did these kind of flick-up, Miss Moneypenny-style wigs. Afterwards Lynne Franks, the PR guru (and my agent at the time) threw Katharine a big party at a warehouse in Covent Garden. Lynne made me go home and get one of the wigs from the show so she could wear it. We couldn't find the headband that went with it so Lynne ended up using a tea towel wrapped around her head. That kind of sums up the energy of the time. It was just about having fun. The whole thing was incredibly creative."

Fred Butler, designer

"I was interning for AsFOUR in 2001 when they had an exhibition at Colette during Paris Fashion Week. They took me everywhere with them that week and it involved a lot of partying. As a student from Brighton it was ridiculously exciting. The first night I found myself being interviewed by Jeremy Scott for MTV who was asking me what my favourite thing about Paris Fashion Week was. Surrounded by the camera crew, I couldn't answer. I was in shock by the whole surreal situation."

Tom Pecheux, makeup artist

"I was assisting at a Chloé show that featured all the supermodels like Christy, Naomi, Linda and Claudia. They all wanted their makeup done by the lead makeup artist or the other assistant that they already knew. No one wanted me so I went to get a coffee. When I came back Christy Turlington was sitting on my chair. I asked her if she was waiting for someone to do her makeup and she said, "No, you can do it if you want." I was so happy but also so afraid. My hands were shaking the entire time. Christy isn't only a beautiful model, she's also a wonderful person.'

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metro
MORTGAGES
Thursday, September 19, 2013

Tough rules are safeguard

LESLEY SCORGIE
For Metro

Your credit history is a key factor in securing a mortgage — if it's not in tip-top shape, it's unlikely you will qualify. PRESSMASTER/COLOURBOX

Qualifying for a mortgage in Canada is harder than it was pre-financial crises due to stricter lending rules aimed at cooling down Canada's red-hot real estate market and reining in dangerously high personal debt levels amongst Canadians.

Today, Canada Mortgage and Housing Corporation (CMHC) insurance is required on homes with down payments of 20 per cent or less and the maximum amortization period is 25 years. But if a homebuyer wishes to put down more than 20 per cent, some lenders may accept an amortization period of more than 30 years.

Whether you are employed or self-employed, you will need to produce proof of a stable income. Lenders may request a letter to confirm employment income, to review pay stubs or to see your latest tax notice of assessment, a document that shows your income and whether any taxes are owing.

Your credit history is another key factor — if it's not in tip-top shape, it's unlikely you will qualify.

Most lenders require that you put a minimum of five per cent down from your own resources or by way of a gift from an immediate relative. This is in addition to the closing costs for the transaction, which can be upwards of four per cent of the value of the home.

To determine what you can afford, lenders calculate your gross debt-service ratio (GDS), which can't be more than 32 per cent of your gross monthly income. It is comprised of your mortgage payment, plus house insurance, plus property tax, plus heat bill. If you have a condo, you must include half of the monthly condo fee.

Your total debt-service ratio (TDS), can't be more than 40 per cent of your gross income, and is comprised of your GDS plus other monthly debt obligations (credit card payments, line of credit payments, vehicle loans, etc.).

Though Canada's lending rules may seem tough, they help protect homebuyers from overextending themselves and help Canadians build a stronger bottom line.

Don't qualify? There are ways to get your mortgage

You have met with your financial adviser and they have informed you that you might not qualify for a mortgage. Don't fret.

Here is what you can do about it.

Bad credit: Before you enter into the application process, review your credit report. You can order your free credit report online or by mail through Equifax Canada Inc. (equifax.ca) or TransUnion Canada Inc. (transunion.ca).

If you have been late on payments, missed payments, not repaid a loan, or have declared bankruptcy, you will have to demonstrate financial responsibility. Make your payments on time, don't miss payments and don't ignore your debts. If you are struggling with keeping up, see a credit counsellor.

Too much debt: A large chunk of what the bank believes you can afford is based on the credit that is available to you. In isolation, a person with $10,000 of available credit is less of a risk than someone with $20,000 in available credit. So cancel unused credit cards and loans. Next, focus on paying down consumer loan balances quickly. Negotiate for the lowest interest rates, consolidate balances and pay a little extra when you can.

Low income: If the bank tells you that you can't afford a particular mortgage amount because of your income, it's for good reason; you won't be able to afford the payments. Try the following:

- Put more money down. A bigger down payment means a smaller mortgage. Lower your mortgage expectations by shopping for a cheaper home.
- Start making more money.
- Get someone to co-sign the loan with you.

LESLEY SCORGIE

Written request

- If there is an error on your report send a written request (with official receipts and paperwork supporting your side of the issue) to the credit bureau, which will investigate. If the error turns out to be incorrect, the credit bureau must correct it and send out revised reports to the lender from which you are trying to get a mortgage.

Before you enter into the mortgage application process, review your credit report. PRESSMASTER/COLOURBOX

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Home purchase price. Be wary of hidden fees

LESLEY SCORGIE
For Metro

Homebuyers, prepare yourselves. Experts recommend setting aside approximately two to three per cent of a home's purchase price for "hidden" fees such as:

Realtor fees: If you are selling a home while in the process of buying a new one, and have used a realtor, you will pay a hefty fee for their service. The going rate in Canada is seven per cent on the first $100,000 and 3.5 per cent on the remaining purchase price balance.

Legal: To finalize your home purchase you will have to hire a lawyer/notary to process the deal.

Land transfer tax: This is likely the most expensive aspect of closing costs for a resale home, which is typically less than two per cent of the value of the property. It is a provincial or municipal fee for a change in real estate ownership.

Closing adjustments: Disbursements are property expenses that sellers have paid and need to be reimbursed for such things as utilities, municipal property tax, and condo or maintenance fees.

Home inspection: Though home inspections cost as much as $500, they can save major headaches later on. Inspectors render an opinion on the condition of the property and state what needs replacement or repair. If there is something majorly wrong with your property, an inspector should be able to detect it and your realtor can advise on whether you should proceed with the purchase.

Appraisal fees: These typically range between $150 to $300. However, if a mortgage is insured through the Canada Mortgage and Housing Corporation, Genworth or Canada Guarantee, the fees are generally waived. Appraisals are a tool to help buyers determine a home's market value.

GST: If you are buying a new home, you will pay GST, and may qualify for a rebate.

Interest adjustments: This is the amount of interest you will need to pay between the date of your closing and first mortgage payment.

Other hidden fees include home and title insurance, utility hook-up costs, an Estopple certificate (for condominiums), and moving costs.

Stats show that people who set financial goals are far more likely to achieve them compared with those who don't. SYDA PRODUCTIONS/COLOURBOX

Budget rules

Stats show that people who track their money and set financial goals are far more likely to achieve them compared with those who don't.

Homeowners, in particular, need a budget in order to track their expenses, of which there can be dozens each month, and ensure they don't wander financially astray.

Create a new spreadsheet or download a budget tracking tool from your bank's online website, the Canada Mortgage and Housing Corporation, Mint.com, or Google documents.

Start by listing all your sources of monthly income — employment, freelance work, royalties, consulting, child support, alimony, government support, bottle returns, etc. Total it up.

Next, list your sources of expenses. But when you do this, put your mandatory expenses up top like retirement savings, mortgage payments, taxes, insurance, condo fees, loan payments, utility bills, home maintenance and groceries. Nice-to-have expenses, such as dinners out with friends, should be listed below. Total up your expenses.

Increase your income

- If your budget is squeezed each month, increase your income and try the following — get a second job, work extra hours, take on freelance or consulting work, hock your possessions on Kijiji, get a roommate, or rent storage space.

When you subtract your total expenses from your total income, you have your bottom line. If you are in the red, you will need to cut back on nice-to-have expenses and/or increase your income.

As a homeowner, the biggest favour you can do yourself is budget for regular home maintenance like furnace cleaning, and plan for the unexpected like a water heater conking out or sink dripping through the floor. Most experts recommend you have between one and three months worth of salary set aside for "just-in-case" home expense surprises. LESLEY SCORGIE

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Chicken Chili Burritos prove guilt-free fast food does exist

This recipe serves four to six. YVONNE DUIVENVOORDEN

These burritos are still a bit of an indulgence, but ground chicken lightens the filling.

1. In large saucepan, heat 1 tbsp of the oil over medium-high heat; cook chicken, breaking up with spoon, until no longer pink, about 8 minutes. Drain fat from pan. Transfer chicken to bowl and set aside.

2. In same saucepan, heat remaining oil over medium heat; cook onion, garlic, oregano and salt until soft, 3 minutes. Stir in tomato paste; cook 1 minute.

3. Return chicken to pan. Add tomatoes and chili powder; bring to boil. Reduce heat to medium; simmer, stirring occasionally, until thickened, about 15 minutes.

4. Spoon chili onto centre of each tortilla; sprinkle with Cheddar. Fold in bottom and sides; roll up. Place, seam side down, on greased baking sheet.

5. Broil burritos, about 6 inches (15 cm) from heat, until crisp and golden, about 10 minutes

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Ingredients

- 2 tbsp vegetable oil
- 1 lb (450 g) ground chicken
- 1 onion, chopped
- 2 cloves garlic, minced
- 2 tsp dried oregano
- 1/2 tsp salt
- 2 tbsp tomato paste
- 1 can (28 oz/796 ml) diced tomatoes
- 3 tbsp chili powder
- 4 large flour tortillas
- 3/4 cup shredded Cheddar

Cookbook of the Week

Best and easy, too

CBC Television and Canadian Living have teamed up again to offer foodies a second volume of the Best Recipes Ever cookbook.

Chapters in the sequel to the show's (Best Recipes Ever airs weekdays on CBC TV at 3 p.m.) best-selling book include: Weeknight Dinners, Weekend Dinners, Light & Lovely, Rise & Shine, On the Go and Sweet Treats.

Meanwhile, among the specific recipes are Cioppino, Tangine of Beef with Prunes, Raspberry Chipotle Wings, Frozen Peanut Butter Pie and more. METRO

Lunch. Smoked Ham, Brie & Cranberry Sandwiches

"The cranberry sauce or onion marmalade in this sandwich definitely makes it one for adults," write the experts from The Canadian Living Test Kitchen in Best Recipes Ever Vol. 2. "For a more kid-friendly lunch, use a fruit spread instead."

Ingredients

- 2 tbsp whole-berry cranberry sauce or onion marmalade
- 2 whole wheat kaiser rolls, halved
- 4 oz (115 g) thinly sliced smoked ham
- 2 oz (55 g) Brie cheese, sliced
- 2 leaves lettuce

1. Spread cranberry sauce over cut sides of bottom halves of rolls. Divide ham and Brie cheese evenly over cranberry sauce; top with lettuce. Sandwich with tops of rolls.

THURSDAY LUNCH SPECIAL
Soup of the Day: Chicken Noodle
Wrap of the Day: Taco Beef Wrap
Pan seared beef, lettuce, tomato, peppers and taco mayonnaise.
Catch of the Day: Honey and Herb Roast Salmon
Roast fillet of fresh salmon with honey and herb glaze, vegetables and steamed rice.
~ Rated #1 in Regina by Trip Advisor
~ Rated #8 in Canada by Enroute Magazine
~ Voted one of the Top 50 Restaurants in Canada by vacay.ca
Memories Fine Dining & Lounge 306.522.1999
1717 Victoria Avenue • www.memoriesdining.com
Great Food ~ Knowledgeable Service ~ Priceless Memories

Blondies have more fun

"The gooey caramel topping for these Blondies is so easy — all you need are soft caramels and water," write the experts from The Canadian Living Test Kitchen in Best Recipes Ever Vol. 2. "Look for these individually wrapped sweets in bulk food stores or in bags in the candy aisle."

Nutritional analysis

Each of the following values per piece is approximate.

- 194 calories
- 8 g total fat
- 30 g carbs

1. In large bowl, beat butter with brown sugar until light and fluffy. Beat in eggs, 1 at a time; beat in vanilla.

2. Whisk together flour, coconut, baking powder and salt; stir into butter mixture. Spread in parchment paper–lined 8-inch (2 L) square cake pan.

3. Bake in 325 F (160) oven until cake tester inserted in centre comes out with a few crumbs clinging, about 35 minutes. Let cool in pan on rack.

4. Caramel Topping: In saucepan, melt caramels with 2 tbsp water over medium-low heat until smooth. Drizzle over cooled blondies. Refrigerate for 20 minutes. (Make-ahead: Wrap in plastic wrap and store for up to 24 hours)

5. Cut into squares.

Ingredients

- 1/2 cup unsalted butter
- 1 1/4 cups packed brown sugar
- 2 eggs
- 1 tsp vanilla
- 1 1/4 cups all-purpose flour
- 1/2 cup sweetened shredded coconut
- 1/2 tsp baking powder
- 1/4 tsp salt

Caramel Topping

- 10 caramel candies
- 2 tbsp water

This recipe makes 16 pieces. JODI PUDGE

Warm up to chilly weather in style

Got a light, airy decor and want to make it warm and cozy for the fall? Use neutral colours like grey, black and brown and add a few textures here and there; you'll have a space that looks just as stylish throughout the winter as it did last summer.

DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Flannel sheets

Replace those jammies and get in bed with something warm and fuzzy. Polka Dot Flannel Sheets, starting at $25, simons.ca.

Synthetic cowhide

Throw this over a larger rug for a layered look and cozy feel underfoot. Looks like the real thing! Synthetic Cowhide, Nevada in Camel & Beige, $249, homesav.com.

Mohair throw

This will become your best friend on those snowy, grey days. Cuddle up with a good book in style. Mohair Throw with Fringe, $199, zarahome.com.

Cast iron

A fabulous industrial look with the returning popular trend of cast iron. Staub Teakettle, $150, crateandbarrel.com.

Brushed velvet drapes

Keep out cool winter drafts in style. Brushed Cotton Velvet Drapes, from $199, restorationhardware.com.

Electrical fireplace

Handsome Scandi-1970s design that adds optional heat during those chilly nights. Slips into the closet during summer months. Aspen Pedestal Electric Fireplace, $249, homedepot.ca.

Don't let your patio get the winter blahs

Sharing a meal or relaxing on a deck, patio or balcony can be the highlight of a summer day. And when the season changes, proper care can make your outdoor furniture last for summers to come.

Whether you have a pricey patio set or something more modest, experts recommend some simple steps for upkeep and storage.

Often, outdoor furniture "is a bit of an investment, so it makes sense to put effort into protecting and maintaining what you have in your yard," says Matt Blashaw, a licensed contractor and host of DIY Network's Yard Crashers.

Look for cover

Ideally, it's best to store any type of patio furniture — metal, plastic or wood — indoors during harsh weather. If that's not possible, Blashaw recommends weather-proof covers, or at least some simple poly/vinyl tarps secured with straps or weighted down.

"There are furniture covers of just about every shape and size available," he says, adding that the newest ones are waterproof and UV-treated for protection.

Measure your pieces before you buy covers to ensure the right fit. You can also ask for manufacturer guidelines that may help you choose the correct style.

Careful cleaning

Before you store patio furniture, make sure it's free of dirt and debris.

Lowe's Home Improvement spokeswoman Colleen Maiura tells customers to check the manufacturer's directions before using any cleaning products.

For most materials, however, you'll just need soap and water, she says. Consider using a pressure washer on a low setting (1,200 to 1,350 pounds per square inch) to make the job go even more quickly.

For acrylic cushions, Maiura recommends spot cleaning with a sponge, mild soap and water. Make sure the cushions are completely dry before storing them.

Must-do maintenance

Some additional maintenance can keep your set functional and looking fabulous.

For wood, you may need to oil or varnish it, depending on the type. For wicker, you may have to wax if it's not water-resistant.

Some metal frames require paint touch-ups, but most are made to be rust-resistant or rust-free. If your set is not, consider using paste wax or naval jelly for protection. Some rusted metals can be professionally powder-coated, making them look new again.

Wear out the warranty

Blashaw says one of the biggest mistakes homeowners make with outdoor furniture is throwing it out instead of making simple repairs with parts covered under warranty.

"Keep the receipt, and if the furniture does not hold up to the regular 'wear and tear' promise within the warranty period, contact the manufacturer and get yourself a brand new set," he says.

THE ASSOCIATED PRESS

ADD A POP OF COLOUR TO YOUR KITCHEN

NEWS CANADA PHOTOS

Trend forecasters are showing that sleek and modern kitchens are expected to gain momentum in home updates for years to come. So, whether you are considering a kitchen renovation in the near future, or just wanting to make some minor adjustments to your existing space, these tips are sure to add a pop:

Bold accessories: An easy switch for any space, consider swapping out or adding some punchy accessories to brighten up your space. A glossy tray in a bold chartreuse or pop of pink doubles as storage and makes a swoon-worthy statement. Hand towels are another accessory that can easily be changed to incorporate a fun pattern or hue.

Ambient lighting: Lighting is a relatively inexpensive way to incorporate some drama into your kitchen. If you are working with a monotone space, consider emphasizing the eating area or even an island with multicoloured lamp shades to add a spark of light. Pair this with a dimmer switch and you will be able to manipulate the amount of mood lighting.

Countertop appliances: If you are in the market for a new countertop appliance or are willing to commit to a more permanent colour scheme within your kitchen, consider purchasing items that boast a "fun" colour. Delta Faucet's newest Fuse line incorporates a splash of colour in a contemporary styled, single-handle, pull-down faucet.

Art prints: etsy.com is constantly updated with fun, clever, and endearing prints that are often specific to the kitchen. Not only are these prints affordable (within the $10 to $15 range), they are often printed in standard sizing, making it easy to pair with frames. Consider a monogrammed print that will allow you to infuse a personal touch into your space. Whether you hang one print or create a collage, these small additions can add a bold accent to your kitchen.

Whether you are ready to commit to colour or just looking to add a splash of hue to your space, these tips can guide you through your makeover.

– News Canada

PAINT CAN HIGHLIGHT A ROOM'S FOCAL POINTS

While an entire home renovation is not always feasible, there are ways to dramatically make over the home using paint. By highlighting the focal points of a room, like the flooring, a staircase, or a fireplace with carefully curated colour choices, these surfaces become style showstoppers in the home.

Sharon Grech, a colour and design expert at Benjamin Moore, explains how to paint unexpected surfaces for maximum appeal:

PAINT THE FIREPLACE

A warm, glowing fireplace sets the mood as the weather starts to chill. To update the look of an outdated fireplace, all it takes is some paint, good quality tools and some elbow grease.

STEP ONTO STYLE

A technique that's trending among designers as a quick way to revitalize a space is through painting the flooring. Painted floors can hide a multitude of sins, like faded hardwood, cracks and chips and outdated tiles. As with most painting jobs, the floor must be completely sanded, cleaned to remove all dust and debris, and, in some cases, primed before the paintbrush can touch the floor.

PAINT OVER PANELS

Rather than spending time and money to strip the panels, modernize them by painting them with a fresh coat of paint. The texture of the wood will still come through, which adds complexity and visual interest to the space.

A STAIRWAY WITH PIZZAZZ

What better way to make a bold impact than with a beautifully painted staircase? Add a stencil pattern to a traditional white riser for a touch of whimsy, or even paint each riser a different colour.

– News Canada

Lane Way Homes in Harbour Landing *Prices Starting at* *$354,044*

The Aries

1418 sq.ft.
5318 Whereatt Road
$387,168

The Lyra

1318 sq. ft.
5314 Whereatt Road
$367,568

The Orion

1377 sq.ft.
5322 Whereatt Road
$386,377

The Pavo

1448 sq. ft.
5310 Whereatt Road
$393,048

Show Homes
244N Thauberger Road
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Monday – Thursday 7-9pm
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Above prices include house, lot, GST, connection fees & piles. Images are artist renditions and are subject to change.

STYLE, CONVENIENCE MERGE AT FONTAINE BLEU

CONTRIBUTED

Fontaine Bleu is a stylish condominium project surrounded by an environmental reserve and park space in Harbour Landing.

"Our goal is to bring a product to Harbour Landing that is a bit different from anything else that is there," says Dwain Anderson, owner of Anderson Builders Group. "I think people are going to be excited about the amenities Fontaine Bleu has to offer."

Fontaine Bleu was inspired by its namesake in South Miami, a throwback to the mid-century, where style and convenience meet.

The development will be equipped with a pet washing station in the heated underground parking, a fitness room, a theatre room, and a suite that residents can reserve for their out-of-town guests.

"Condo living appeals to a large demographic of people because of the convenience," Anderson says. "We wanted to make sure we offer them all that they need to make life easier, making more time for all that matters in their lives."

Units in Fontaine Bleu start at $199,900, and standards include central air conditioning, stainless steel appliances, and front load laundry.

And with a theme reminiscent of the style and glamour of the 1960s, all the interior finishing packages are named after stars of the era. The standard is a James Dean package, followed by Frank Sinatra, Elizabeth Taylor and, finally, Marilyn Monroe.

"In the Marilyn Monroe package we had to play to who Marilyn Monroe was, and what she's remembered for, one thing being her bright red lips," says Connie Wolbaum, project development manager. "The Marilyn packages exude that with one of them being black leather flooring, gloss white cabinetry, a red quartz countertop, and a bling-like backsplash. I'm sure Marilyn would be proud."

What perhaps is most impressive about Fontaine Bleu is the price. Two-bedroom, two-bathroom units in Phase 1 start at $254,900 with possession dates this spring. And Phase 2 will not be far behind, with one-bedroom, one-bathroom units starting at $199,900.

FONTAINE BLEU

2 Bed 2 Bath Stylish Condos starting at $254,900

Surrounded by park space and environmental reserve in Harbour Landing
Heated underground parking and central air conditioning included
Fitness room, theatre room, and dog/car washing bay in parking

Now taking reservations for Phase 2 where large 1 Bed 1 Bath condos start at $199,900.

*Contact **Connie Wolbaum** at **306-552-5644** or by email at*

connie@fontainebleu.ca

*See us at our temporary show suite at **1827 Albert Street.***

www.fontainebleu.ca

YOU CAN CREATE YOUR PERFECT HOME

Life is not one size fits all and your home shouldn't be either.

That's why the Regina-based Wolferidge Rural Program is the perfect opportunity for homebuyers to create their happy ending when it comes time to choose a home, says The Red Door Venture Group's spokesperson Jaimey Mitdtal.

The program allows buyers to select their perfect home from a range of four different floor plans while also choosing their desired location from a wide range of pre-approved neighbourhoods.

"We wanted to make sure our buyers didn't have to compromise on either their home model or the location," Midtdal says.

CONTRIBUTED

The Wolferidge Rural Program has provided a range of home models in pre-approved neighbourhoods throughout southern Saskatchewan, but unlike most housing developments, each home is CSA-approved, prebuilt, and ready-to-move so buyers can move in immediately.

"Buyers of other developments often have to wait for more than a year for their new home to be completed, but we wanted to do something different for our customers," Midtdal says. "We wanted customers to be able to get excited about their new home purchase, and then actually get to live there."

The homes are ideal for a variety of buyers, including those choosing their first homes or more established buyers looking for an upgrade or room to grow. With four practical floor plans ranging in size from 1,000 square feet to 1,300 square feet, there is definitely room to grow.

Athabasca, Greenwater, Blackstrap and Cypress feature two- or three-bedroom floor plans, with Athabasca being the largest, including a master bedroom with a walk-in closet. Greenwater has space for a family, with three bedrooms, one bath and a large open kitchen with a walk-in pantry.

For the single person or couple who are thinking about starting a family, Blackstrap has it all, featuring two bedrooms and one bath with a practical main floor laundry.

With three bedrooms and one bath, Cypress also has everything at a slightly smaller scale for buyers looking for a simple size.

For more information, please see RedDoorVentureGroup.ca.

LAND OF REAL ESTATE OPPORTUNITY

It's often referred to as the land of bountiful opportunity, and now real estate developers are watching Saskatchewan with a keen eye.

The province's economic growth and economic potential should be seen as a wealth of opportunity for the real estate sector, says Jaimey Midtdal, spokesperson for the Red Door Venture Group.

"There is real estate potential as far as the eye can see in Saskatchewan and it's potential that investors should be taking advantage of," Midtdal says. "The amount of undeveloped land has attracted real estate developers who see a bright future and burgeoning economy."

The Regina-based real estate marketing company has jumped on the province's solid economic foundations and is starting to build a variety of some of the best valued homes in the country, Midtdal says.

"The boom in immigration and increased job opportunities are making Saskatchewan one of the best places in Canada to buy a home," Midtdal says. "It's growth we're proud to be a part of. We turn good ideas into profit for our customers while giving them the tools they need."

The company joins creative forces with outstanding local developers to deliver high-quality developments across the province. The vast amount of undeveloped land in Saskatchewan has left the real estate market open for new and innovative real estate opportunities for developers and for buyers, Midtdal says.

"The province's solid economic foundation has allowed unprecedented growth in Saskatchewan, and the real estate market has followed suit. We have innovated the way people buy homes."

Red Door works with developers from the land acquisition stage through to the concept design and sales, which, in turn, produces leading developments for clients.

For more information about Red Door Venture Group, or to schedule a complementary consultation, please visit RedDoorVentureGroup.ca.

COLOURBOX

MAKE PLANS FOR QU'APPELLE FAIR

The town of Qu'Appelle will hold its inaugural fall fair Oct. 5, beginning at 10 a.m. on Main Street.

The fun-filled day will include a pancake breakfast at the hockey rink from 8:30 a.m., as well as pony rides, bouncy castles, face painting, barbecue, live music, bake sale, popcorn, cotton candy, and much more. A fancy dress contest will be held with prizes for winners.

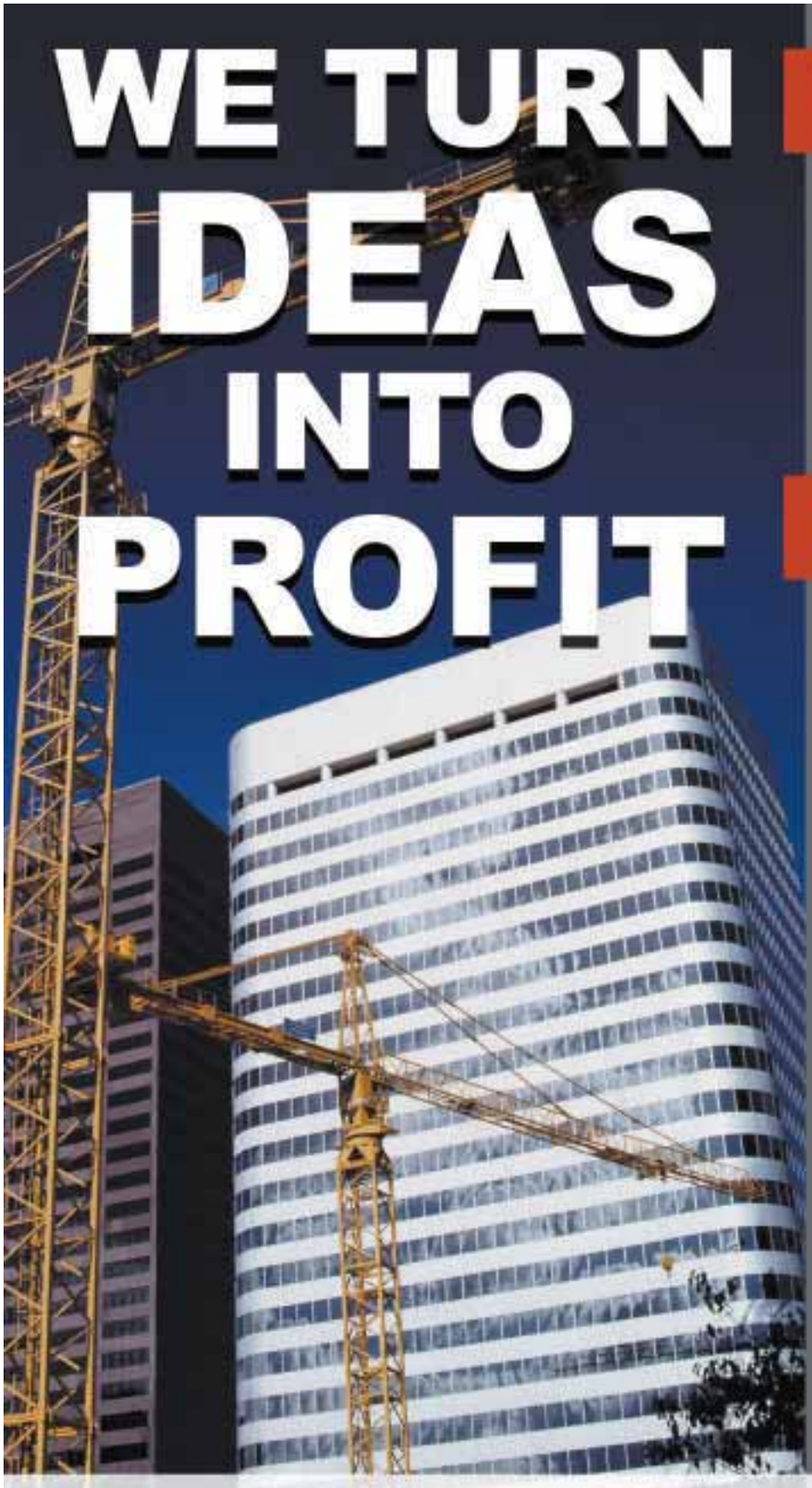
The Saddleridge show home will be available for viewing — check out this new and exciting development that provides new, affordable and contemporary housing.

Attendees are asked to bring non-perishable food items — a donation will be made on behalf of the town of Qu'Appelle to the Regina Food Bank.

Proceeds from the fall fair will go to the town of Qu'Appelle fire department.

For more information, email Zach@RedDoorVentureGroup.ca.

WE TURN IDEAS INTO PROFIT



WHO ARE WE?

Red Door Venture Group is a multi-faceted firm dedicated to real estate developers that are looking to make their mark in the booming province of Saskatchewan. Our commitment is to produce turn-key developments for clients from land acquisition to concept and design to sales. We have an easy all-service system available to our clients. Whether you are a long-term Saskatchewan developer or a new developer interested in Saskatchewan, we are the ones to turn to.

OUR VALUES

Excellence
We take the most precise, concise, consistent approach when getting things done.

Ethics
We treat people with respect and interest, tailoring our interactions with them.

Accountability At All Levels
We do what we say we are going to do.

Confidentiality
We are entrusted with information that becomes our business and we keep it our business.

Loyalty
We are loyal to our customers and each other.

Trustworthy
People experience us as genuine, authentic and real.

Collaboration
We continuously teach and learn from each other.

"The Best Boutique Marketing Group For Developers Within Saskatchewan"

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‘Evil Empire’ eyes another WHL title

WHL. Winterhawks have grown used to and expect nothing less than another trip to the Memorial Cup

Nicolas Petan, left, forward Ty Rattie and defenceman Seth Jones celebrate a Portland Winterhawks goal against the Halifax Mooseheads during the second period of the Memorial Cup final last May in Saskatoon. Despite losing stars like Jones and Rattie, the Winterhawks still expect to contend for a repeat trip to the Memorial Cup. LIAM RICHARDS/THE CANADIAN PRESS

In five seasons, the Portland Winterhawks have been transformed from the Western Hockey League’s most dysfunctional franchise into league champions who came up one win short of a Memorial Cup title in May.

Despite losing stars like Seth Jones and Ty Rattie, the Winterhawks are still loaded and expect to be in contention for a repeat trip to the Memorial Cup when the season kicks off Thursday.

“We’ve had the target on our back for a while now, and everybody’s going to be after us,” said Portland centre Chase De Leo, a 2014 NHL draft prospect. “People talk about us as the ‘evil empire’ and we thrive off of that.”

Portland will raise a WHL championship banner to the Moda Center rafters before Friday’s season opener against Prince George. The game will mark head coach and general manager Mike Johnston’s first appearance behind the bench since he was suspended in November for the remainder of last season as part of sanctions handed down to the franchise for improper player benefits.

“Any time you have a good run, everyone in the league wants to knock you off,” Johnston said. “Teams are going to give us their best and we have to be better than them.”

Assistant coach Travis Green led the team through the rest of last season, including a six-game triumph over the Edmonton Oil Kings that earned Portland its first WHL title since 1998. In the off-season, Green left Portland to become head coach of the Vancouver Canucks’ AHL affiliate in Utica, N.Y.

Six teams enter the season with new head coaches, though several are familiar faces in the league. Kevin Constantine is back for a second stint with the Everett Silvertips after a successful tenure with the team from 2003-07. Former Brandon and Kootenay coach Cory Clouston takes over behind the bench in Prince Albert, and ex-Moose Jaw coach Dave Hunchak assumes control in Kamloops.

THE CANADIAN PRESS

Expectations for Sam

“I’m trying not to focus on the draft part too much, you have to just forget about that and focus on your game when you step on the ice.”

The Kootenay Ice’s Sam Reinhart, the early favourite to be the top pick in the 2014 NHL draft.

Pats up first

Swift Current visits Regina in the only game Thursday, while 16 other teams get their seasons underway Friday.

NFL

Gronk gears up for gridiron return

Rob Gronkowski says he’s making significant progress but won’t say if he’ll return for the Patriots’ next game.

The star tight end has been sidelined the past two games after off-season forearm and back surgery. New England plays at home Sunday against the Tampa Bay Buccaneers.

Gronkowski participated in practice on a limited basis on Wednesday and said afterward that he’ll play when he’s told to.

The Patriots have managed to win their first two games by a total of five points while quarterback Tom Brady’s rookie receivers have struggled to get to the spots where he’s thrown the ball.

THE ASSOCIATED PRESS

Silver lining

Sinclair scores star on Walk of Fame

The accolades have poured in since Christine Sinclair’s stirring performance at the 2012 London Olympics, but now Canada’s top female soccer player will really be a star.

The Canadian team captain who held the country spellbound as she scored three times against the powerhouse United States in the Olympic soccer semi-finals, and then made an impassioned denunciation of some questionable refereeing, is to be honoured with a star on Canada’s Walk of Fame in Toronto on Saturday. The ceremony will be shown on Global TV on Oct. 27.

THE CANADIAN PRESS

Elliott latest former Lion to return to B.C.

Joey Elliott passed for 2,101 yards, five touchdowns and 12 interceptions with Winnipeg in 2012. THE CANADIAN PRESS

It’s a good thing Joey Elliott never left town when the B.C. Lions released him earlier this month.

Elliott did not have to travel far Wednesday as the Lions welcomed him back to help deal with starting quarterback Travis Lulay’s shoulder injury.

“Why not be in a beautiful place, right?” said Elliott, a 27-year-old Franklin, Ind., native. “I had shipped some stuff home, like my shoulder pads and some extra cleats, and I had actually packed some things up. So it was going to take a little while before I could actually get out of here.”

Elliott was added to the Lions’ roster in preparation for Sunday’s game against the Roughriders in Regina. His return followed Tuesday’s announcement that Lulay will miss the next two games after getting hurt last weekend in a win over Montreal.

Elliott is the second former QB to return to the Lions recently, following Buck Pierce’s arrival via trade from Winnipeg last week.

As a result, Elliott’s coaching career is on hold. He had tentative plans to mentor a high school team in Indiana, but continued to live in his Burnaby, B.C., apartment while waiting for a chance to resume his CFL career.

Elliott reasoned that it would be easier to travel if the call came, and he did not want to have to “jump ship” on high school players.

The Lions released Elliott before acquiring Pierce. Prior to his release, Elliott served as B.C.’s third-string QB.

THE CANADIAN PRESS

Riders safety fined

The CFL fined Saskatchewan Roughriders safety Tyron Brackenridge on Wednesday for delivering a dangerous hit in a game last weekend.

- Brackenridge was penalized for a helmet-to-helmet hit on Toronto running back Chad Kackert during the Argos’ 31-29 win Saturday night.

Horoscopes

♈ Aries
March 21 - April 20
It is important that you keep your thinking simple today. Don't go confusing people, or yourself, with ideas that are too big to grasp. You are already heading in the right direction.

♉ Taurus
April 21 - May 21
You must not compromise your position, no matter how much pressure you may be under from those you work or do business with. Stay calm and simply refuse to budge.

♊ Gemini
May 22 - June 21
You may be tempted to push ahead with a project you know friends and family are unlikely to agree with, if only to remind them that you are in charge. But is it worth the bother? The full moon says it's not.

♋ Cancer
June 22 - July 23
You don't have to crack jokes every two minutes to keep others amused. The moon, your ruler, endows you with a wonderful sense of humour but it should be used sparingly.

♌ Leo
July 24 - Aug. 23
Do you listen to the part of your mind that urges caution or do you listen to the part that says "take a risk"? Only you can decide but be aware that today's full moon could easily make a fool out of you.

♍ Virgo
Aug. 24 - Sept. 23
Partners may be critical of what you are doing but if you are smart, you will listen to what they say today because in among all the wrong-headed comments is one that has a grain of truth in it.

♎ Libra
Sept. 24 - Oct. 23
The more you complain about something, the worse it gets, so take the hint and shut up. It's quite possible that someone is being difficult for no other reason than they enjoy the negative way you respond.

♏ Scorpio
Oct. 24 - Nov. 22
Don't give up on something because it isn't progressing as fast as you would like. It would be a shame to waste all the time and effort you have put into it. Come back to it later.

♐ Sagittarius
Nov. 23 - Dec. 21
The full moon warns you could find yourself caught in the middle of someone else's war. There is no right side or wrong side in this dispute, so steer clear. It's not your fight.

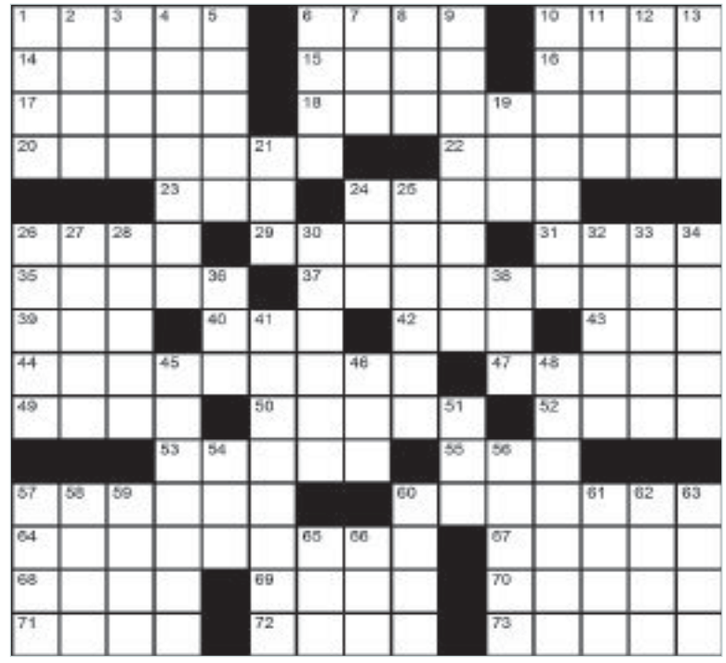
♑ Capricorn
Dec. 22 - Jan. 20
It's unlikely you will achieve much over the next 24 hours, so don't push too hard. Even a Capricorn needs to recharge their batteries once in a while, so plug in to the full moon and fill up on lunar energy.

♒ Aquarius
Jan. 21 - Feb. 19
No matter how confident a friend sounds, you are advised not to be taken in by their latest big plan, especially if it involves your money in some way. There can be only one loser.

♓ Pisces
Feb. 20 - March 20
The moon is full in your sign today, which is good in some ways and not so good in others. You will be more active and ambitious but watch out you don't lose touch with reality. SALLY BROMPTON

Crossword: Canada Across and Down

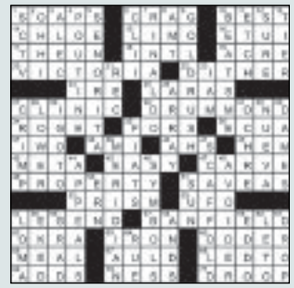
See today's answers at metronews.ca/answers.
BY KELLY ANN BUCHANAN



Across
1. Mr. Lundgren of "Rocky IV" (1985)
6. Cartoon co-star of Phineas
10. US state
14. DeanMartin's "That's __"
15. Succulent plant
16. _, __ Jury (Mickey Spillane novel)
17. Revolving mechanism
18. Newfoundland seafood delicacy: 2 wds.
20. Bilingual community of Winnipeg, St. __
22. Overly long sentences
23. Actress, Lucy __
24. Literary genre
26. Celebrity
29. Welcome
31. Bit of jazz
35. Articles
37. 'O' of TSO (Classical music!)
39. Gr. Neil Young joined
40. Howe'er
42. PC 'key'
43. Have a bug
44. Miner hats attachments
47. Farm mounds
49. Naturalness
50. Skin products giant
52. Ancient harp
53. "Star Wars" (1977) role, Darth __
55. Mr. Linden
57. TV show
60. Asks to the party
64. Some of a Tim Hortons 'double double': 2 wds.
67. Dionne Warwick's "_ __ _ Little Prayer"
68. Same: French
69. To __ it may concern...
70. Old tales
71. "__ bien!"
72. Puppy bites
73. By _ __ (How close races are won)

Down
1. "Oh, fudge!"
2. 1847 Herman Melville story
3. J.R.R. Tolkien trilogy, commonly
4. Something to be solved
5. "__ _ stand, head in hand..." - The Beatles
6. Datum
7. "Turn to Stone" gr.
8. Mr. Stewart
9. Becomes engaged, 1800s-style
10. 'Find Fabulous For Less' store in Canada
11. "Let __" by Luba: 2 wds.
12. Cast out
13. So-so grades
19. 'Danger' suffix
21. Floor covering
24. For each
25. Withdraw from a court case
26. Archival 'sheet' at the library
27. Between harbours: 2 wds.
28. Ms. Suvari's
30. Dorm sharer
32. Po River locale
33. Skillet user, variantly
34. Bogus
36. Letters on a Cardinals player's baseball cap
38. Wane
41. Like intricate details on haute couture garments
45. Gadgets
46. TV's modern-day VCR
48. Sackville, NB's Mount __ University
51. "Kung Fu" actor, Philip __
54. __ Lingus (Ireland's flyer)
56. "Canadian Idol" Season 4 champion, Eva __
57. Charge card printout, briefly
58. Water carrier
59. Ancient empire
60. Belief systems
61. Root vegetable
62. Optometrist's study
63. Mailing request, commonly
65. Sushi tuna
66. Floor cleaner

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

5		8				7		6
2		6		3		9		8
			6		5			
		4	5		9	3		
		5	4		8	1		
			9		2			
1		2		5		4		7
8		3				5		1

Yesterday's Sudoku

1	7	8	9	2	3	5	6	4
4	9	6	6	7	1	2	3	8
2	3	5	4	5	6	9	7	1
7	2	1	8	9	4	3	5	6
9	4	3	2	6	5	7	1	9
6	5	9	3	1	7	4	8	2
9	6	7	1	5	2	8	4	3
3	1	2	7	4	8	6	9	5
5	8	4	6	3	9	1	2	7

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Regina Referendum

Wednesday, September 25, 2013

Referendum on the construction, financing, operation and maintenance model for the Wastewater Treatment Plant

Voters will be asked to vote for or against the following resolution on the ballot:

> "THAT the Council of the City of Regina publicly finance, operate and maintain the new wastewater treatment plant for Regina through a traditional Design, Bid, Build (DBB) approach."

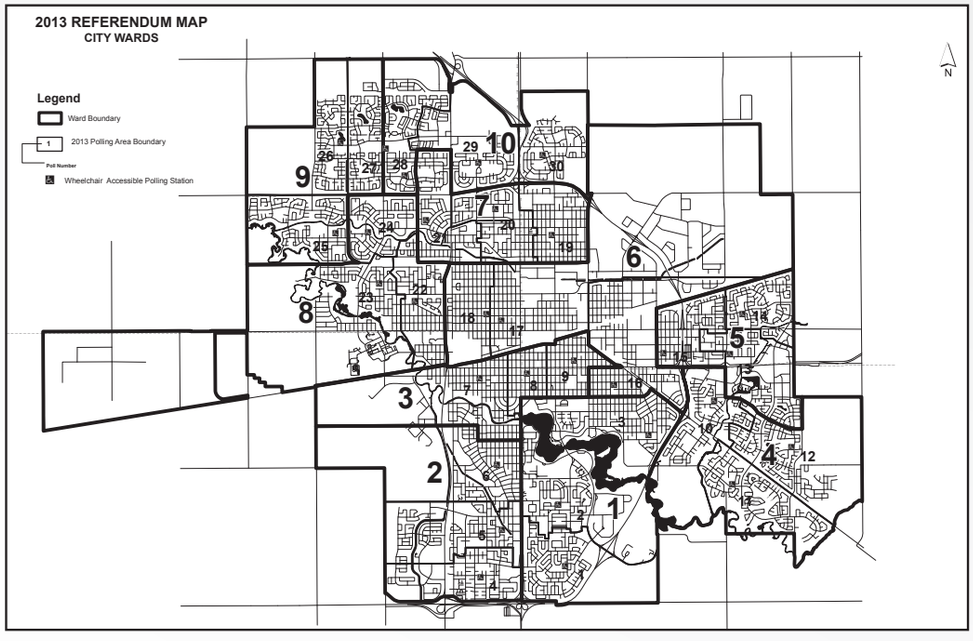
Advance polls will be open on Saturday, September 21, 2013, from 10 a.m. until 5 p.m. at the following locations for electors who are physically disabled, have been appointed as referendum officials, or who anticipate being unable to vote on the day of the referendum:

Advance Poll No.	Name and Location
32	Golden Mile Shopping Centre, 3806 Albert St.
33	Normanview Crossing, McCarthy Blvd and 9th Ave, N
34	Northgate Mall, 489 Albert St.
35	Victoria Square Mall, 2223 E Victoria Ave.

Regular polls will be open on Wednesday, September 25, 2013, from 9 a.m. until 8 p.m. at the following locations:

Ward No.	Poll No.	Name and Location
1	1	St. Matthew School – 4710 Castle Rd.
1	2	St. Anne's Catholic Church – 1701 Cowan Cres.
1	3	Douglas Park Elementary School – 635 E Douglas Ave.
2	4	Dr. A.E. Perry School – 93 Lincoln Dr.
2	5	Deshaye Catholic School – 37 Cameron Cres.
2	6	St. Pius X School – 3301 Garnet St.
3	7	Connaught School – 2124 Elphinstone St.
3	8	YMCA – 2400 13th Ave.
3	9	Trinity Evangelical Church – 1909 Ottawa St.
4	10	Wilfrid Walker School – 2102 E Wagman Dr.
4	11	W.S. Hawrylak School – 2530 Assiniboine Ave. E
4	12	Jack MacKenzie School – 3838 Buckingham Dr. E
5	13	F.W. Johnson Collegiate – 400 Fines Dr.
5	14	St. Theresa School – 2707 7th Ave. E
5	15	Glen Elm Church of Christ – 1825 Rothwell St.

Ward No.	Poll No.	Name and Location
6	16	Core/Ritchie Neighbourhood Centre – 445 14th Ave.
6	17	Albert Community School – 1340 Robinson St.
6	18	Albert Scott Community Centre – 1264 Athol St.
7	19	Imperial School/Community Centre – 200 Broad St.
7	20	Gladys McDonald School – 335 N Garnet St.
7	21	Elsie Mironuck School – 18 Wakefield Cres.
8	22	Martin Collegiate – 1100 McIntosh St.
8	23	St. Francis School – 45 Mikkelson Dr.
8	24	St. Joan of Arc School – 10 Dempsey Ave.
9	25	St. Josaphat School – 140 Greenwood Cres.
9	26	Northwest Leisure Centre – 1127 N Arnason St.
9	27	Holy Family Parish – 1021 McCarthy Blvd. N
10	28	Henry Janzen School – 222 Rink Ave.
10	29	St. Timothy School – 280 Sangster Blvd.
10	30	St. Gregory School – 302 Upland Dr.



Mail-in ballot opportunities will be provided until September 24. Please refer to **ReginaReferendum.ca** for application information.

Two pieces of identification are required to vote.

Free Transit and Paratransit service will be provided on referendum day and on advance poll day for voters.

Visit **ReginaReferendum.ca** or call 306-777-7000 for voting information.